| Mon | Tues | Wed | Thu | Fri |
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| **EHS/ Menu** | | 1B-<br>B-Milk 6oz. Pan Cakes 1, crushed pineapple 1 , syrup 1/2 turkey sausage 1<br>L-Milk 6 0z. Breaded Chicken patty 1 country gravy 1 mixed vegetables 1/4 c. buttered mashed potatoes 1/4 c. Fruit cocktail 1/4 c..<br>*S – Vanilla wafers 1 pkg Orange juice 4.3 oz.* | 2 1 Milk 6 oz. berry Loaf 1 cream cheese spread1 diced pears 1/4 c.<br>L. Diced baked chicken 1/2 c wheat bread 1/2 creamed corn 1/4 c. Apricots 1/4 c. macaroni and cheese 1/4 c.<br>S- mandarin orange 1/2 c Whole grain Gold Fish | Dairy Month<br>3 Milk 6 oz. Blueberry mini pan cakes 1 crushed pineapple 1/2 c syrup 1/2<br>L-Milk 6 oz. Ground beef with Sloppy Joes 1/2 c. 1 Hamburger bun 1 potato smiles Fries 3 apricots 1/4 c. Blue jello cubes 1/4 c. Ketchup 1<br>S– Blueberry muffin 1 tropical fruit 1/2 c. |
| 6<br>B Milk 6 Cherrios cereal 1 Mandarine orange 1/2 c.<br>L-Milk 6 0z breaded chicken patty 1 gravy diced peaches 1/4 c buttered broccoli cuts 1/4 c.<br>S – applesauce 1/2 c animal crackers 1 | 7 Milk 6oz Super Donut 1 oz fruit cocktail 1/2<br>L Milk 6 oz.Marinara sauce Ground beef 1/2c cheese stick mozzarella stick 1 pineapple tidbits 1/4 c. Peas 1/4 c.<br>*S- cheese stick 1/2 Orange Juice 4. 3 oz.* | 8 Milk 6 oz. *Cheese toast 1 slice fruit mix 1/2c* turkey sausage 1<br>L-Milk 6 oz. Pulled chicken with squash bits 1/2 c Diced Apricot 1/4c. Green beans 1/4 c. Wheat bread 1/2<br>S yogurt 1 ( 2oz ) crushed pineapple 1/2 c | 9 B Milk 6oz. Kix 1 bowl 1 Diced peaches 1/2 c<br>L Milk 6oz. Turkey fingers 3 country gravy . Mandarin orange 1/4 c . Mixed vegetables 1/4 c.<br>S tropical fruit 1/2 c 4 oz. vanilla wafers .5 oz. | 10 B Milk 6oz.pan cake 1 turkey sausage 1 syrup 1 diced apricot 1/2 c<br>L-Milk 6 oz. ground beef with potato 1/2 c. shredded cheddar 1 tablespoon watermelon 1/4 c. . Wheat bread 1/2 cream corn 1/4 c.<br>S- orange juice 4 oz. blueberry muffin 1 |
| 13 .15Milk 6 oz. Berry Berry Mini loaf 1 ( 2 oz. ) Diced Peaches 1/2 c cream cheese spread<br>*L Milk 6 oz. Meat loaf 1/2 c. Brown gravy apricots 1/4 c. Buttered mashed potatoes 1/4 c Wheat bread 1/2*<br>*S Cheese stick 1/2* orange juice 4.3 oz. serving | B14 Milk 6oz. Cherrios 1 ,diced tropical fruit 1/2 c.,<br>L-Milk 6 0z Breaded Chicken Patty 1 peas 1/4 c. Fruit cocktail 1/4 c. country gravy<br>*S – mandarin orange 1/2 c. animal crackers 1/2 oz* | 15 B *Milk 6 oz. Pan cake 1 slice turkey sausage patty 1 crushed pineapple 1/2 c. Syrup 1/2*<br>L-Milk 6 oz. Ground beef 1/2 c. diced carrots 1/4 c. sphagetti 1/4 c. apricots 1/4 c,<br>S – Plain granola 2 tsp Tropical fruit 1/2 teddy grahams 1 pkg | 16 Milk 6 oz. Kix cereal 1 Diced Peaches 1/2 c.<br>*L Milk 6 oz. chicken in cream of chicken 1/2 c. Green beans 1/4 c 1/4 c. fruit cocktail 1/4 c. fetechinni alfredo 1/4* ***C.***<br>*S – Cheese Fish puffs .75 oz Orange juice 4 oz* | ***Eat your Vegetables Day***<br>17 B *26Milk 6 oz. Vegetarian refried beans 1/4 c. Wheat tortilla 1 Diced peaches 1/2 c*<br>L Milk 6 oz. Chicken patty 1 CN label 3 diced pears 1/4 c. mashed sweet potato 1/4 c. Gravy<br>*S – crackers 4 orange juice 4 .3 oz* |
| 20 B-Milk 6oz cheerios 1diced peaches 1/2 c.,<br>L-Milk 6 0z. .grilled chicken patty . I broccoli with cheese sauce 1/4 c mandarin orange 1/4 c<br>*S- Animal Crackers .5 oz cheddar cheese stick 1/2 oz.* | *21 B* Milk 6oz. Mini blueberry muffin 1 cream cheese spread 1. Diced pears 1/2 c.<br>L – Milk 6 oz. Ground beef 1/2 c Green beans 1/4 c. .fruit cocktail 1/4 c. .Wheat bread 1/2 slice<br>S- Cheddar cheese stick 1/2 oz Orange juice 4oz | 22B-<br>B-Milk 6oz. French Toast 1, crushed pineapple 1 , syrup 1/2 turkey sausage 1<br>L-Milk 6 0z. Breaded Chicken patty 1 country gravy 1 diced carrots 1/4 c. Tropical fruit 1/4 c..<br>*S – yogurt 1 fruit mix 1/2 c* | 23 1 Milk 6 oz. berry Loaf 1 cream cheese spread1 diced pears 1/4 c.<br>L. Beef bbq Patty Cn label 1 2.61 oz. wheat bread 1/2 creamed corn 1/4 c. peaches 1/4 c.<br>S- Orange juice Wheat Crackers 6 | 24 – - Milk 6 oz *pan cake 1 tropical fruit 1/2 sausage 1 syrup 1*<br>L Milk 6 oz. **Diced chicken with squash 1** . diced carrots 2 oz wheat bread 1/2 watermelon 1/4 c.<br>S-Orange Juice 4 oz. Vanilla wafer 1/2 oz |
| 27<br>B– Milk 6 oz Kix cereal 1diced pear 1/2 c.<br>L– Milk 6 oz Bread Chicken Patty 1 Diced carrots 1/4 c. crushed pineapple<br>S Zucchini bread 1 slice Orange Juice 4 oz | 28B Milk 6oz. Diced Peaches 1/2 c. Cherrios 1<br>L Milk 6 oz ground beef 1/2 c Macaroni and cheese 1/3 c. Peas 1/4 c diced mango1/4 c.<br>S– frozen slider 4 oz vanilla wafers .75 oz | 29 B– Milk 6 oz French toast 1 syrup 1 Mandarin Orange 1/2 c.<br>L– Milk 6 oz. Turkey Fingers 3 mashed sweet potato 1/4 c. Diced Pears 1/4 c.<br>S– Ham 1/2 slice cheese 1/2 Slider bun 1 | *30Milk 6 oz Mini blueberry muffin 1 1 diced peach 1/2 c*<br>*L- Milk 6 oz. ground beef 1/2 diced carrots 1/4 c. Riottini with marinara sauce 1/4 c. crushed pineapple 1/4*<br>*S-Ritz Cracker 6 Slice American cheese 1 slice* | ***This Institute is an Equal Opportunity Provider*** |