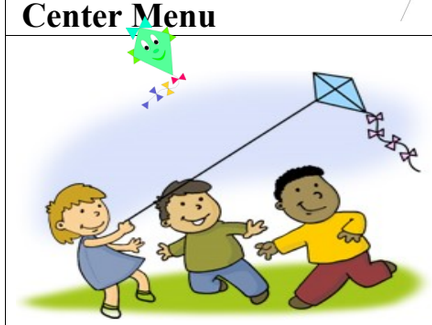
Public School Head Start Center Menu

Mon	Tues	Wed	Thu	Fri
	1 S – Orange Juice 4 oz cheese fish puff 1/2 oz.	*2* *S – yogurt 2 oz. crushed pineapple 1/2 c.*	*3* *S – American cheese 1 slice Ritz Crackers 6 crackers orange juice 4 oz.*	4 – s-Orange Juice 4 oz. Vanilla wafer 1/2 oz FROZEN FOOD DAY on March 6, 2016
14 .S Ritz Crackers 6 Mozzarella Cheese stick 1/2 oz.	15- *S – orange juice 4 oz. animal crackers 11/ oz*	16 S – Yogurt 1 banana 1	17 *S – Cheese Fish puffs .75 oz Orange juice 4 oz*	18 *S – orange juice 4 oz.. Raisin cinnamon bread 1*
21 *S-Wheat crackers 46 American cheese slice 1 1*	*22 American Diabetes Alert Day* *B* S- tropical fruit 1/2 c. yogurt . oz.	23B-*6 cream cheese 1 10z. Serving Mozzarella cheese 1 /2 slice 1 pimento bit 4 pretzel sticks*	24 Holiday	*Holiday*
Cheese fish puffs 1 Orange juice 4.3 oz.	29 S Animal Crackers .5 oz Yogurt 2 oz,	30 S – Applesauce 1/2 c. Wheat crackers 6	*31 S-Ritz Cracker 6 orange juice 4 oz.* *Cesar Chavez Day*	**This institution is an equal opportunity provider."** **Menu is reviewed by Ana Maria Pena RD**