

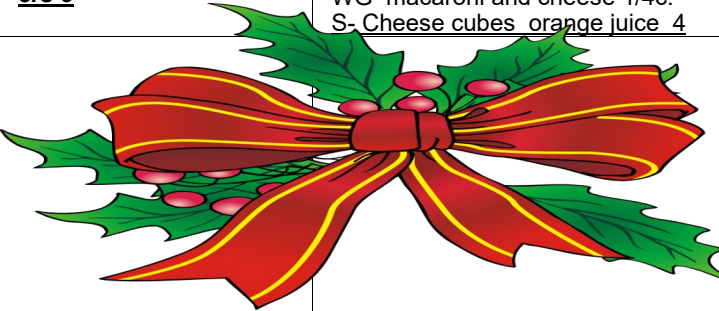





DECEMBER

Wed	Thu	Fri
		<p>Milk Served by age 12-24 months Whole Milk 4oz servings 24-36 months 1% milk 3-5 years of age 1% milk</p> <p>1 Milk 6oz. Cheerios 1/oz banana 1/2 c/ L Milk 6 oz ground beef 1WG pineapple crushed 1/4 c. Peas and carrots 1/4 c. WG Wheat bread 1/2 slice S- WG Vanilla bunny 1/2 Apple juice 4.3 National sandwich day</p>
<p>4 B Cheerios 1 oz bowl diced peaches cup L WG Breaded Beef Patty 1 applesauce 1/4c/ diced carrots 1/4c.</p> <p>S-orange juice 4.3 oz Strawberry yogurt chex</p>	<p>5 B -milk 6 Oz muffin 1 diced apple slices 1/2c L-Milk 6 oz WG Chicken strips 2 corn 1/4 c pineapple 1/4c. Ketchup 1 broccoli 1/4c. S-Cheese cubes wg orange juice 4 oz</p>	<p>6 Milk 6 oz WG Breakfast pizza mandarin orange 1/2 c L- milk 6 oz ground beef frito pies 1 Apricots 1/4 c.. Pinto beans 1/4c S- Yogurt1 bunny grahams</p>
<p>11 milk 6oz cheerios bwl 1 oz Cereal diced peaches 1/2 c. L-Milk 6 oz ground beef 1/3 c. broccoli 1/4 c. . Mandarin orange 1/4c/ WG wheat bread 1/2 slice S- cheddar fish crackers 1 fruit mix juice 4.3 oz</p>	<p>12</p> <p>B-milk 6oz Cherry Whole grain muffin 1,fresh apple slices ., L-Milk 6 oz Salisbury steak 1 mashed potato . Crushed pineapple 1/4 c. WG white bread 1/2 slice 1/4c. e S- Sports grahams 1/2 Orange tangerine juice 4.3</p>	<p>7 B Milk 6oz. Cheerios 1/oz fresh banana 1 medium banana per child L milk 6 oz Breaded chicken patty crushed pineapple 1/4 c. Mixed vegetables . 1/4 c. s Orange juice Graham crackers 2</p>
<p>13 Milk 6 oz Nutrition Activity Granola cereal 1 fresh banana 1/2 c L- milk 6 oz dino nuggets 4 applesauce 1/4c.. Diced carrots 1/4c.Wg wheat bread 1/2c. S Animal Crackers 1/2 yogurt</p>	<p>14 B Milk 6oz. Cheeeios 1/oz strawberries 1/2c L Milk 6 oz WG Meatloaf mandarin orange 1/4 c. Mixed vegetables . 1/4 c. S- WG Vanilla bunny 1/2 Apple juice 4.3</p>	<p>15 B milk 6 oz cheerios diced peaches 1/2c L-Milk 6 oz pizza Corn 1/4c. Apricots 1/4c. S- Scooby doo crackers oz. Orange juice</p>
<p>EHS Menu 18 Bt milk 6 oz diced peaches 1/2 cheerios L-Milk 6 oz WG Pizza cn chopped broccoli 1/4 c Crushed pineapple 1/4 S- yogurt Animal crackers 5</p>	<p>EHS Menu 19 milk 6 Oz eggos strawberries 1/2c. L-Milk 6 oz dinosaur nuggets 4 diced carrots 1/4 c mandarin orange 1/4c. Ketchup 1 WG macaroni and cheese 1/4c. S- Cheese cubes orange juice 4</p>	<p>Christmas Holidays, No Classes—Head Start / USD/LISD Children come back January 10, 2024</p> <p>EHS - Open until Dec. 19. Children come back January 10, 2024</p> <p>CCP - Open / Only December 25 will be closed</p>
		<p>JOY LOVE PEACE BELIEVE CHRISTMAS</p> <p>"In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.</p> <p>USDA is an equal opportunity employer</p>